



Enabling people
to reach their
full potential

About Us

STEPS is able to offer support to individuals with a learning disability, mental health issues, physical disabilities, communication difficulties etc. The ethos behind our service is to provide meaningful activities that are skills based and which enable people to improve in all aspects of their lives, this encourages individuals to improve their skills, health and general well being.

STEPS is committed to providing a person centred approach throughout our service points and is able to offer a bespoke service tailored to meet individual needs. This can include building upon social skills, independence, accessing the community, active living sessions etc within a social hub setting or gaining pre-employment skills and experience at our designated sites across the borough.

From our social hub we are able to offer a vast range of activities including:

- Daily Living Skills
 - Community based Activities
 - Art Sessions enabling self expression
 - Food catering and Preparation
 - Sports fitness and development
 - Independence and social skills
 - Wheels For All
- and much more!

HEAD OFFICE

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www.stepscic.co.uk

You can Join
steps by:

Self referrals
Direct payments
Personal budgets
Other agency referrals:
Social Workers,
Occupational Therapists,
Nursing, GP or Job Centre



Art Workshops

Participation in art and design can help to build a range of skills and give people a pride in their achievements. Taking inspiration from other artists, participants are encouraged to express their ideas and experiment with confidence regardless of age and abilities in a wide variety of media.

STEPScic is working in partnership with St Helens Chamber and are able to offer to all our members "Skilled for Life" an Edexcel accredited learning.

Outcomes for courses include:

- Developing knowledge and understanding.
- Working independently and decision making.
- Teamwork and social skills.
- Construction and artistic skills.
- Development of ideas, experimentation and creative thinking.
- Confidence building.



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